

I'm not robot!

Al-Itqan is the most important work of al-Suyuti in the field of Qur'anic Sciences. The work found its way to many circles both near and far in the Islamic world. It was first published in the years 1271, 1278, 1279, 1306, 1317 and 1318 AH, in two volumes, but the translation presented here is of a publication of four volumes published in 1387 AH (1967 AD). The translation at hand is of the first volume. Al-Itqan is perhaps the most outstanding work of its kind in the field of Qur'anic Sciences. Exhaustive in its sources and its subjects, thoughtfully and lucidly written, the work is also well arranged. Readers will be taken by the depth, breadth, scope and mastery of the author while noting how much Muslim scholars have devoted to the study of the Qur'an and how varied and diverse were the fields in which those studies were made. A must to the specialist of Qur'anic Studies, the work is highly recommended to the initiate. I did an amazing discovery today: there is a partial English translation of imam Suyuti's al- Itqan fi 'Ulum il-Qur'an done by shaykh Muneer Fareed on his website: You can download the translated parts as PDF-documents. Furthermore, there are several other very interesting articles to be found on his website. Medically Reviewed by Arefa Cassoobhoy, MD, MPH on November 20, 2020 Many things about amyotrophic lateral sclerosis (ALS), also known as Lou Gehrig's disease, remain unclear. Without knowing exactly what causes ALS, it's hard to tell why some people get the disease while others don't. Researchers do have some possible ideas, however.ALS disrupts your motor neurons. These are nerve cells that control important muscle activities, including breathing, talking, swallowing, and walking. Over time, the loss of muscle control becomes worse.There is no cure for ALS, although research is ongoing. There are no preventive steps either.It's rare, affecting about 5.2 people per 100,000 in the U.S. population, according to the National ALS Registry. Because of the seemingly random nature of the condition, it's hard for researchers to pinpoint who might have a greater chance of getting it.Doctors have learned some things from people who have this condition:● Sex: About 60% of people with ALS are male.● Race: 93% of people with it are white.● Aging: Although the disease can strike at any age, symptoms most commonly develop between the ages of 55 and 75. You can get it earlier, though having it before 30 is very rare.● Family history: A small percentage of ALS cases are passed down from family.There are two main kinds, depending on whether the disease runs in your family.● Sporadic: This makes up 90% to 95% of all ALS cases, as it occurs in people who have no known family history of the disease nor any clear things that would make them more likely to get it. Other family members are not expected to be at risk for inheriting ALS in sporadic cases.● Familial: In about 5% to 10% of cases, ALS runs in the family. If you have familial ALS, there is a 50% chance that your children will get it as well.Scientists are looking into whether genetics, things in the environment, or a combination of both cause ALS.Some theories suggest people who might already be genetically at risk for ALS get the disease after some kind of contact with an outside "trigger" in their environment, such as being around a toxin. Scientists have found over a dozen mutations in genes that have ties to ALS, but the two major ones are C9orf72 and SOD1 genes.C9orf72 gene: Mutations in the gene known as C9orf72 have been found in about a third of all familial cases and a small percentage of sporadic ones. Scientists have also found that this defect on the C9orf72 gene is tied to what's called "frontotemporal dementia (FTD)," an uncommon form of dementia. Some researchers think that ALS and some forms of FTD are related.SOD1 gene: Mutations on this gene appear in about 20% of familial cases and 1% to 5% of sporadic ones. It's unclear how the mutations lead to ALS. Research has found that the proteins from a mutated SOD1 gene can become toxic.Scientists are also looking at whether things in the environment such as chemicals and other agents can raise your chances of getting ALS. But it's been hard for them to prove anything specific so far. Some things they are looking into: Smoking: Smoking is believed to be the only probable factor that may raise your chances for ALS. But this may be true mainly for women, especially those after menopause. This link is controversial among doctors.Contact with toxins: Lead and other chemicals may be linked to ALS, but no single agent has been consistently found to be a cause.Military service: Studies have found that military veterans, especially those deployed during the Gulf War in 1991, have a greater chance of ALS. The exact causes remain unclear, but may include contact with chemicals or metals, injuries, infections, or the intense physical activity needed to serve. Those who were in the Gulf War are more likely to get ALS compared with other veterans.Intense activity: The most famous person to have ALS was Lou Gehrig, the baseball player who died from it. Studies have shown a higher chance among athletes, who are very active. But the studies have been small, so it's too early to say that being an athlete means you have a greater chance of getting the condition. Your work: Several lines of work -- including sports, cockpit, construction, farm, hairdressing, lab, veterinary, and welding, among many others -- have been reported to carry a higher chance of ALS. These jobs often involve some kind of contact with pesticides, metals, and chemicals. But the common, underlying risk has not been found.Where you live: Clusters of ALS cases have been reported on the Pacific island of Guam and in the Kii Peninsula in Japan, which have rates 50 to 100 times higher than other parts of the world. Such clusters have also been reported in South Dakota and Italy. © 2020 WebMD, LLC. All rights reserved. View privacy policy and trust info Live Search Quran Hadiths Pages Quran Online Audio + English / Urdu Quran Majeed 40 Books If you have a friend or family member struggling with an alcohol problem, you will often experience your own set of challenges that result from the addiction. Many people affected by someone else's alcoholism turn to Al Anon for help.Overview of Al AnonAl Anon is a group created to help friends and families of alcoholics. Al Anon operates around the world as a means of support for those who love alcoholics. Whether your friend or family member is in recovery or not, your journey to take care of yourself can start by joining Al Anon.It's common for loved ones to feel powerless and hopeless as they watch the devastation that comes from alcohol addiction. Joining Al Anon is free, and attending meetings is completely confidential, so you don't have to worry about others knowing you were at a meeting.Al Anon has spiritual undertones, but it is not a religious group. Members don't engage in discussions about specific religious doctrine, and people of all faiths are welcome to attend meetings.Anyone who has been affected by someone else's alcohol consumption can attend an Al Anon meeting. This includes not only friends and family, but also coworkers, employees and employers. Alateen meetings are also available for teenagers who have been impacted by alcoholism.How Does Al Anon Help?Al Anon meetings involve members sharing their experiences with each other (both good and bad). Members also get encouragement by telling stories of hope and strength, and they can get support if they're feeling overwhelmed and frustrated.The premise of Al Anon is to help those impacted by an alcoholic find a way to have peace, whether or not the alcoholic is still drinking.Some members speak freely and often at meetings, while others like to listen more than share. It's often helpful to ask questions, especially of veteran members who have been attending meetings for an extended period of time.Al Anon also has literature available for members to read so they can learn more about alcoholism and how it affects people.The Al Anon WebsiteThe main Al Anon website is full of information for people wishing to explore the organization. You can read common questions and learn about alcoholism by exploring the website.Click on the "Newcomers" link on the home page to navigate to information compiled especially for those new to the Al Anon group. You can even take an online quiz to see if Al Anon might be helpful for you in your situation.Finding MeetingsFrom the Al Anon home page, click "Al Anon Meetings" to find a meeting near you. The search tool enables you to enter your physical location and a search radius to find a meeting. You can refine the search to show you meetings held only on certain days of the week, too.Electronic meetings are also available, held via phone, instant messaging or chat boards online.Some Al Anon groups maintain websites. Perform an internet search for Al Anon meetings in your city to see if a local Al Anon group is active with meetings you could attend MORE FROM QUESTIONSANSWERED.NET

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